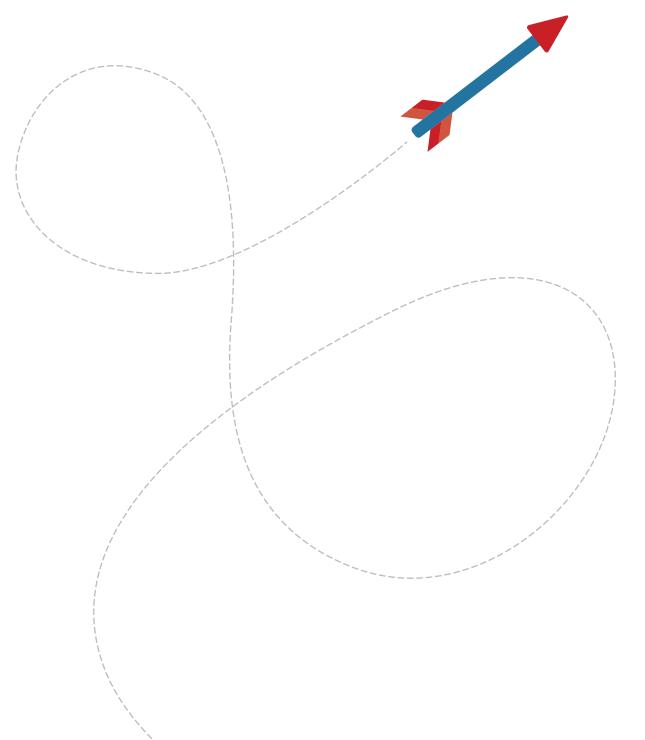
## PART I INTRODUCTION



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Welcome to the journey of becoming an assessment-capable visible learner! Assessment-capable visible learners have a clear understanding of what they are learning, how they are learning, and where they are going next in their learning. They also understand why they are learning and how it will support them as a learner moving forward. They seek challenges and are open to receiving and giving feedback. Errors are seen as opportunities to learn, and goal setting is an integral part of the learning process. In addition, assessment-capable visible learners can track their progress and monitor their growth so they can define what their next learning steps are. They have the skills and strategies to be their own teacher.

The lessons in this *Learner's Notebook* are designed to help you develop the skills to become an assessment-capable visible learner. The strategies and tools you will learn about and practice in the lessons will help you discover who you are as a learner and equip you with a toolbox of strategies that you can draw from during all of your learning experiences. The strategies can be applied in any of your classes or subjects, so as you progress through them, think about how what you are learning may be a useful tool or strategy to use in another area of your learning. The more you can apply the tools and strategies in all of your learning experiences, the stronger you will become in being an assessment-capable visible learner.



