

- Barrett, J. (Ed.) (2007). *Transsexual and other disorders of gender identity*. Oxford: Radcliffe. The seminal textbook on trans from a pragmatic and medical perspective containing chapters on psychological support, surgery, endocrinology, speech therapy, religion and UK law.
- Bornstein, K. (1994). *Gender outlaw*. London: Routledge. As the seminal challenge to a binary gender system, this book is both funny and thoughtful.
- Bornstein, K. (1998). *My gender workbook*. London: Routledge. A companion to *Gender outlaw* and written as a textbook, this book is filled with exercises to help people explore their gender beyond a binary.
- Ekins, R., & King, D. (2006). *The transgender phenomenon*. London: Sage. A sociological exploration of most aspects of changing gender.
- Ettner, R., Monstrey, S., & Eyler, A.E. (Eds.) (2007). *Principles of transgender medicine and surgery*. New York: The Haworth Press. A US-based overview of many of the aspects of changing gender.
- Garber, M. (1992). *Vested interests: Cross-dressing and cultural anxiety*. London: Penguin. A sociological and theoretical exploration of cross-dressing. Expertly researched but becoming somewhat dated.
- Halberstam, J. (2005). *In a queer time and place: Transgender bodies, subcultural lives*. London: New York University Press. An exploration of trans masculine identities from a queer-theoretical perspective.
- Lev, A.I. (2004). *Transgender emergence*. London: Haworth Clinical Practice Press. A very useful and comprehensive book covering psychotherapy with trans people.
- Wilchins, R.A. (1997). *Read my lips: Sexual subversion and the end of gender*. Ann Arbor: Firebrand Books. The seminal trans manifesto, beautifully written, funny, moving.
- www.beaumontsociety.org.uk. The Beaumont Society has been assisting men who present as women since 1966 and is an excellent repository of knowledge and support. The society has a somewhat older membership than the Queer Youth Network.
- www.queeryouth.org.uk/community. The Queer Youth Network acts as a community base for information and support for young queer people,

which includes those who present in a way not societally usual for a person of that birth-assigned gender as well as other young people with a variety of identities and practices.

www.skintwo.co.uk. This is the website of the popular fetish and BDSM magazine *Skin Two* which started in 1983 and is now sold quarterly in mainstream stores globally. The website has a range of information and a forum.